

## Pre-K Class One

45 Minutes

### DUCKS

OBJECTIVE: to introduce music, and movement, while igniting imaginations and working on counting.

- 1) Teach Hello Song
  - a) Hello there. How are you? It's so good. To see you. We'll sing and. Be happy.  
We're all here together today! (Repetition)
- 2) Names and Movement
  - a) Big Body and Small Body
  - b) Braindance from Anne Green Gilbert
- 3) Uke Intro- let each kid touch the uke and pluck a string
- 4) Five Little Ducks Song with Uke

C F  
Five Little Ducks went out one day  
C G  
Over the hill and far away  
C  
Mother Duck said,  
F  
Quack quack quack quack  
C G C  
a) But only four little ducks came back  
4 - 3 - 2 - 1  
C G  
No little ducks went out one day  
C G  
Over the hill and far away  
C  
Mother duck said,  
F  
Quack quack quick quack  
C G C  
And five little ducks came swimming back
- 5) Dance the DUCK DANCE to the five little ducks while working on counting up to 5
- 6) Magic Rock Game (imagination)
- 7) Read the duck book about the duck who thinks its a cat (Duckat) (Literacy)

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- a) Act out the book along the way
- 8) Review the songs again!
- 9) Goodbye Song

Goodbye goodbye and touch the sky. I'll see you all again, real soon.

Goodbye, goodbye, and touch the sky. Wave and wave, and clap, clap, clap.

Goodbye goodbye and touch the sky. I'll see you all again, real soon.

Pre-K  
FROGS  
45 Minutes

OBJECTIVE: To introduce braindance and to become frogs through imaginative play and working on the life cycle of a frog.

- 1) Teach Hello Song
  - a) Hello there. (repeat) How are you? (repeat) It's so good to see you (repeat). We'll sing and (repeat) be happy (repeat) We're all here together today (repeat)
- 2) Names
- 3) BrainDance
- 4) Magic Rock
- 5) Introduce frog puppet
- 6) Little Green Frog Song with Frog Puppet and Frog Dance!

Mmm-mmm, went the little green frog one day

Mmm-mmm, went the little green frog

Mmm-mmm, went the little green frog one day

And they all went mmm, mmm, ahhh

We all know frogs go la-di-da-di-da

La-di-da-di-da. La-di-da-di-da

We all know frogs go la-di-da-di-da

They don't go mmm, mmm, ahh

Mmm-mmm, went the little green frog one day

Mmm-mmm, went the little green frog

Mmm-mmm, went the little green frog one day

And they all went mmm, mmm, ahhh

We all know frogs go la-di-da-di-da

La-di-da-di-da. La-di-da-di-da

We all know frogs go la-di-da-di-da

They don't go mmm, mmm, ahh

We all know frogs go la-di-da-di-da  
La-di-da-di-da. La-di-da-di-da  
We all know frogs go la-di-da-di-da  
They don't go mmm, mmm, ahh

- 7) Lily Pads Dance and Game - Working on jumping, coordination, and fear (some lily pads are far apart- taking the leap to jump with both feet can feel scary).
  - a) Set up dancing scarves as lily pads and have the children jump from one lily pad to the other, one at a time. Then set up lily pads in different jumping patterns.
- 8) Read Frog Book (Tadpole to Frog) while stopping along the way to count frogs and other animals in the picture book. Also acting out various things in the story.
- 9) Growing into Frogs From Tadpoles - Creative Drama and Science
  - a) Cover each child with a scarf.
  - b) Once upon a time, there was a tiny egg, waiting in the pond.
  - c) The little tadpole swam around the pond, wiggling its long tail.
  - d) Then one day, the tadpole did something amazing. It grew two back legs.
  - e) The tadpole got bigger and bigger and then one day, it grew two back legs.
  - f) The tadpole got bigger and bigger, and one day, it grew two back legs.
  - g) The tadpole got bigger and bigger, and one day, it grew two front legs.
  - h) The tadpole looked at itself, and wondered.
  - i) Then as it was swimming around, it noticed that its tail was getting smaller and smaller, until it was gone!
  - j) The tadpole realized it wasn't a tadpole any more.
  - k) It was a frog.
  - l) The frog liked to jump onto the lily pads and say hello to the other frogs.
- 10) Dancing with scarves high and low (like frogs jumping up and down)
- 11) Goodbye Song

Goodbye goodbye and touch the sky. I'll see you all again, real soon.  
Goodbye, goodbye, and touch the sky. Wave and wave, and clap, clap, clap.  
Goodbye goodbye and touch the sky. I'll see you all again, real soon.